



theART
HOUSE
at St. Matthew's

WELLBEING CAFE

Friday Nights 18.00-20.30

hot meal + recovery support + art workshops



Led by a team with **lived experience** this is a place for anyone on their **path of recovery** and need support, help and encouragement along the way.

Assisted by the **Carver Street Parish Nurses**, and the expert tutors at **The Art House**, participants are invited to share their journey in a **safe space free of judgement** and to find fresh joys in learning new creative skills.

Ready to start?

email info@arthousesheffield.co.uk

or call 0114 272 3970

We are supported by Positive Activities Funding from South Yorkshire Housing Association.

arthousesheffield.co.uk | 45 Carver Street S1 4FT

